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Role of Universities in the Regional Development (RURD)  
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M U N I

Training  
Masaryk University  
Brno, Czech  
Republic  
May 5-7, 2021



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# University of the 3rd Age

## alias MU as Age friendly university

M U N I  
U 3 V



Age-friendly  
University  
Global Network

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# Content

- University of the 3rd Age globally
- University of the 3rd Age at Masaryk University
- U3A MU and COVID-19
- Age-Friendly University (AFU) Global Network



# Lifelong learning

Use of both formal and informal learning opportunities during people's whole lives in order to foster the continuous development and improvement of the skills and knowledge needed for professional and personal fulfilment.



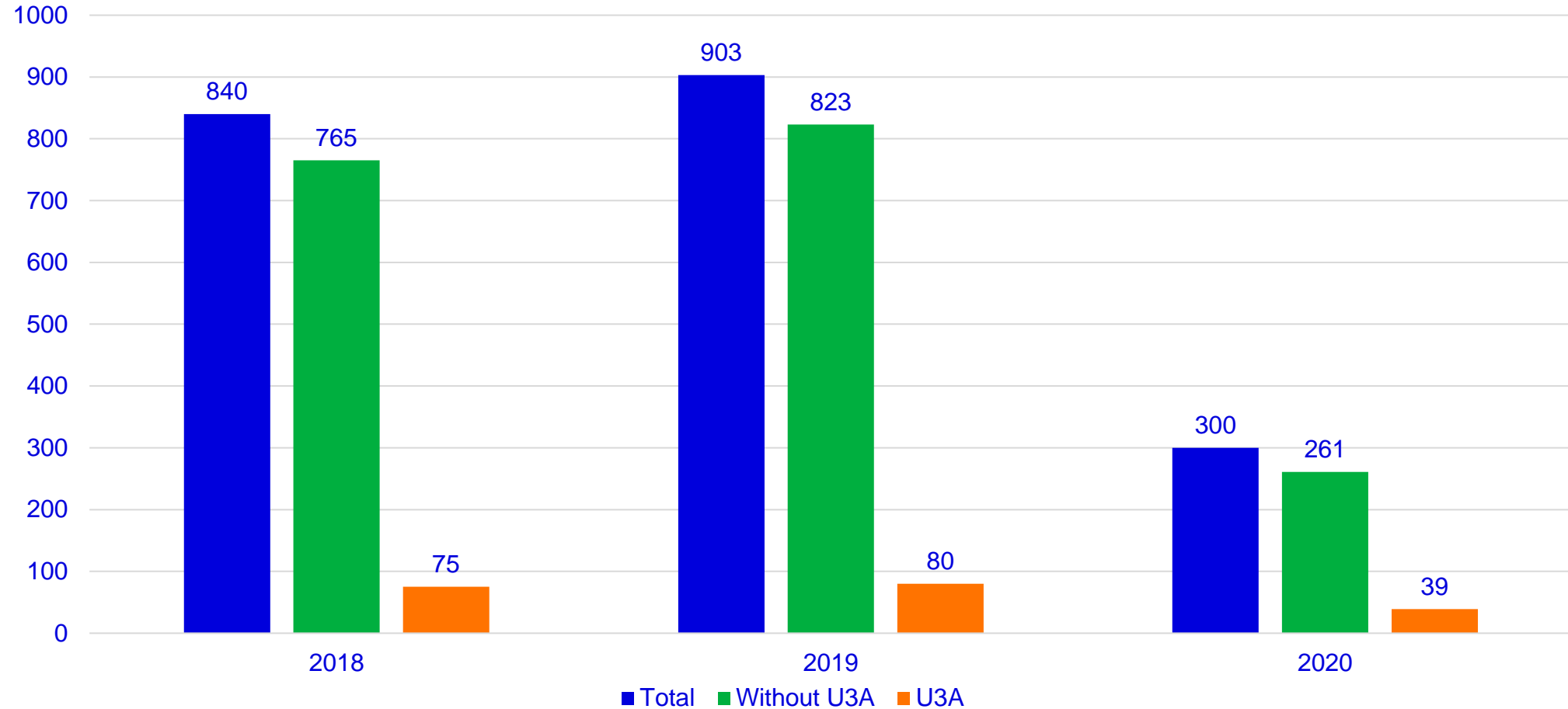
**University of the 3rd Age (U3A)**

**=**

**the particular field of lifelong learning**

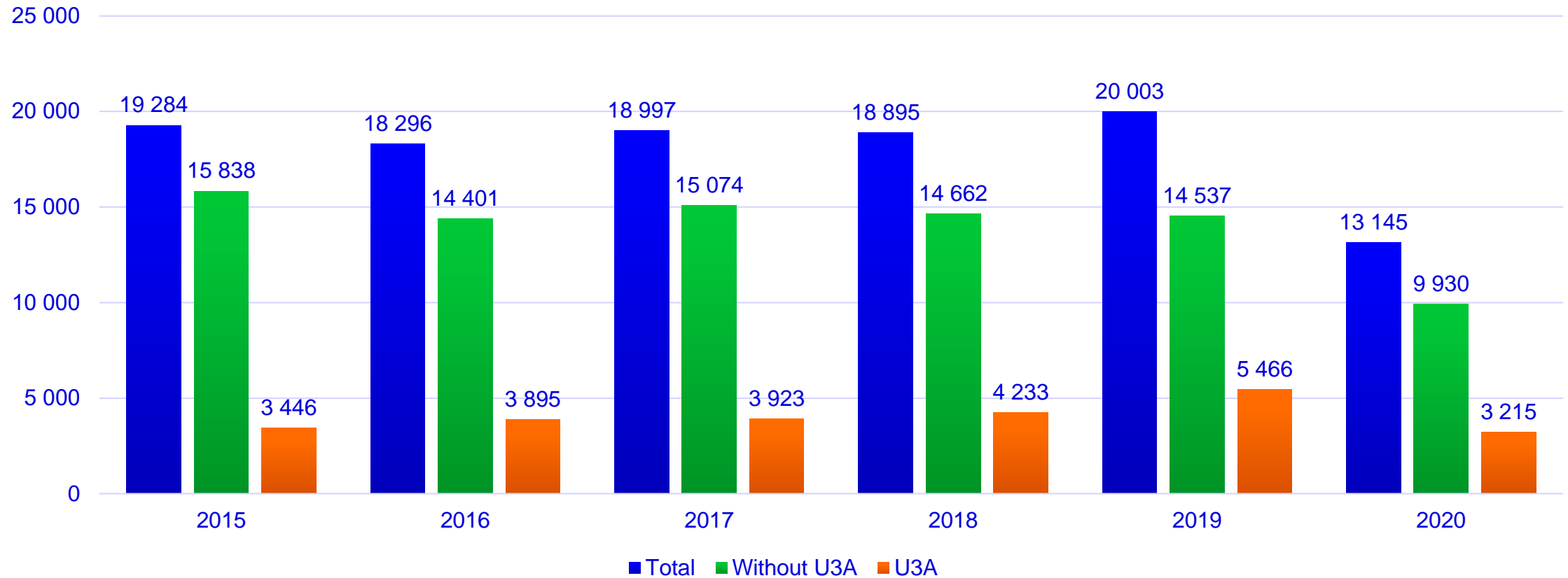
# Lifelong learning at the MU II

Number of programmes MU – 2018 - 2020



# Lifelong learning at the MU I

## Number of participants – MU, 2015-2020



# History of U3A I.

- 3 roles of universities:
  - education
  - research
  - providing public service

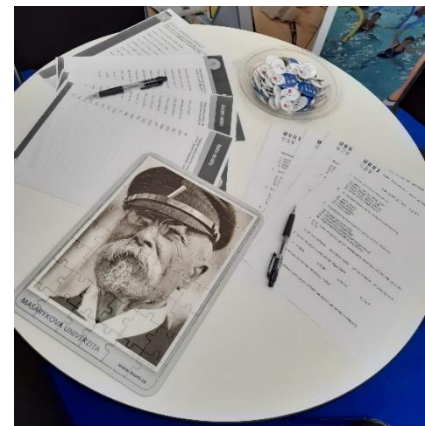
- Improve education and quality of life of senior citizens





# History of U3A II.

- Roots in **1970s**
- First use of the name - Professor Pierre Vellas in 1973 at the Faculty of Law and Economics of University of Social Sciences in Toulouse (France)
- Expansion – International Association of the Universities of the Third Age



## U3A now

- Increasing number of retirees who are in better physical and psychological condition
- People remain active, engage in social life and interesting topics

- **Aim:**

To facilitate contact with new technologies, theories, findings and experiences, and also social and motivational function



# Czech Universities and U3A

- 1983 - 1<sup>st</sup> Academy of the Third Age in Přerov
- 1986 – 1<sup>st</sup> U3A in Olomouc, Palackého University
- Dominant role:
  - the Czechoslovak Red Cross
    - (Academy of the Third Age)
  - the Czech Gerontological and Geriatric Society
  - of Jan Evangelista Purkyně
- ▶ Health, sociology, history
- ▶ Technology ▶ ICT ▶ Languages



# Association of U3A of the Czech Republic

- 1993
- non-profit organisation

## Statistics

- 23 state universities
- 43 members
- 50 thousands “students”

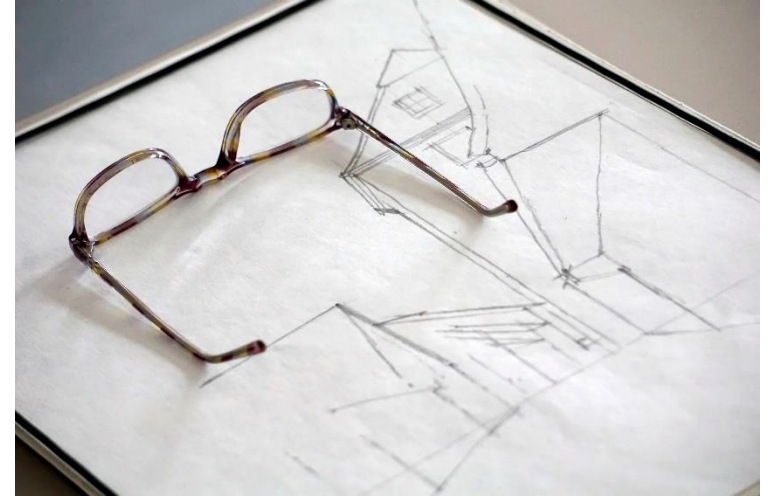


# U3A Masaryk University



- 1990, 28. 11. 1990
- Basic educational programme in 1990 – 1993: 111 graduates
- Graduates Club
- Rector's directive no. 11/2006 defines a set of lifelong learning programs focused on education of persons in post-productive age
- Rector's Office > Office for Studies > Lifelong learning Division
- Branch office in Telč

# U3A Masaryk University



## Conditions

- ✓ Retirement age
- ✓ Full secondary school education

## Fees

- ✓ Enrollement 800 CZK per year (October – May, 15/16 lectures)

# U3A Masaryk University

## Structure of U3A education

- Lecture = 2 x 45 minutes
  - Seminars
  - Excursions
- 
- Once every two weeks from October to May
  - All faculties of MUNI take part in U3A education







# Basic educational programmes

## 3-year courses

- General course
- Art and Art style in history
- Artworks and forms of their art history explanation

## 1-year courses

- Cultural heritage and heritage conservation in Moravia
- U3A in the Moravian museum
- Courses for graduates
- Medieval etudes (branch office in Telč)



# Thematic short-term courses

- For autumn and spring semesters
- Languages
- Physical exercise
- Film course
- Art workshops
- Courses focused on history, music, natural science, ...



# Courses with the Faculty of Arts



## Karel Eusebius z Lichtenštejna (1611–1684)



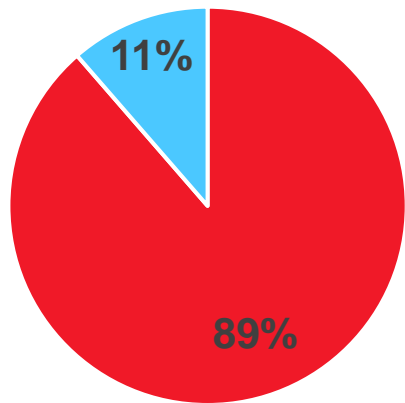
Při slavnosti položení základního kamene farního kostela ve Valticích roku 1631 možná zazněly skladby ditrichštejnských hudebníků Aloisio či Abbateho, členů řádu minoritů.  
Carlo Abbate se jako kaplan a hudebník knížete z Ditrichštejna tituluje roku 1629.  
Giovanni Battista Aloisi, vynikající hudební skladatel, spojil své podivuhodné osudy s Moravou a rodem Ditrichštejnů nejspíše v roce 1631.  
V rozmezí let 1628 až 1644 vydal v Benátkách celkem šest sbírek latinských duchovních skladeb (včetně recití). Sbírkou *Corona stellarum duodecim* věnoval s odkazem na mikulovskou Loretu Anně Marii kněžně z Ditrichštejna (1597–1638), rozené z Lichtenštejna, sestře Karla Eusebia. Skladby Abbateho i Aloisi byly podle inventáři hojně zastoupeny ve farních kostelích na lichtenštejnských panstvích (Moravská Třebová, Litovel, Kolštejn).  
V rámci valtického městského archivu se dochoval pozoruhodný rukopis s titulem *Orgelbuch*. Jde o závazek valtické obce k vystavení varhan o dvanácti rejstřících ze dřeva a cinu se čtyřmi měchy.



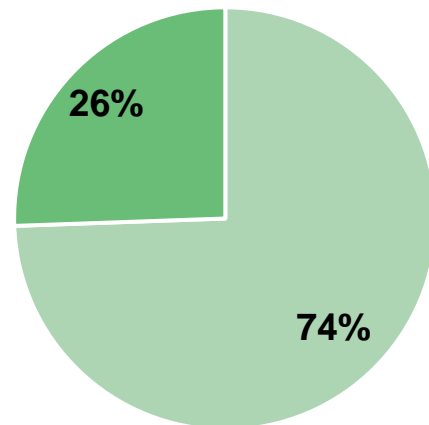
# Statistics

## 2019/2020

- 1792 participants
- Average age: 70 years



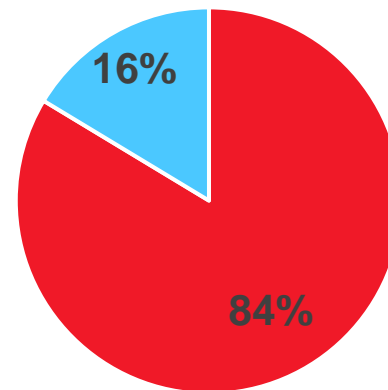
■ Women ■ Men



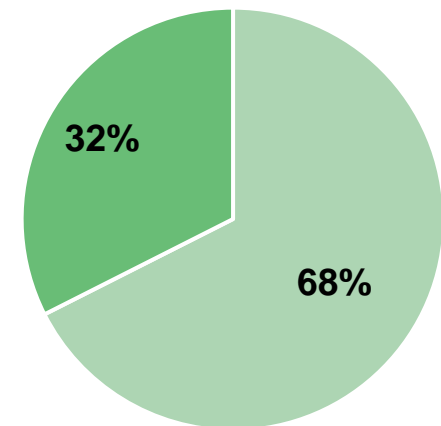
■ From Brno ■ Commuters

## 2020/2021

- 1017 participants
- Average age: 70 years
- Oldest participant 93 years



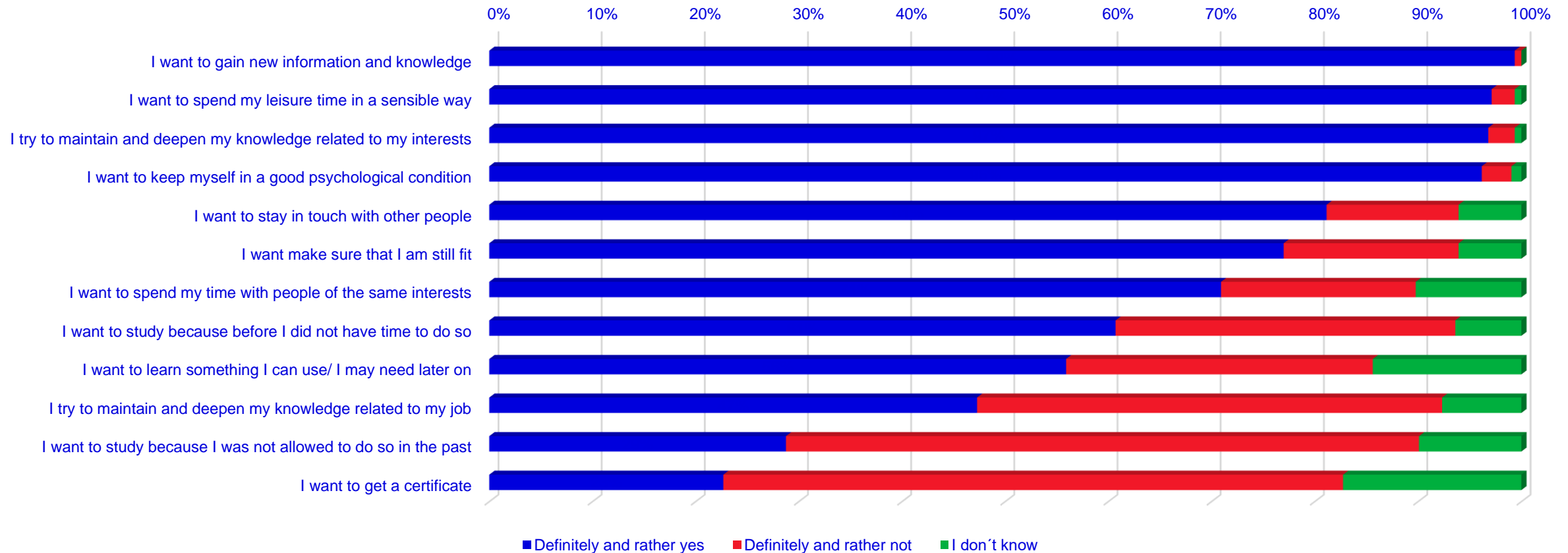
■ Women ■ Men



■ From Brno ■ Commuters

# Motivation of the U3A participants

- Own initiative



# Educational excursions

- Botanical Garden
- Department of Forensic Medicine
- Telč





# Music and art workshop in Telč



# Special lectures

- Various important presenters
  - Rectors Emeriti
  - Current and former University representatives
  - Renowned scientific and cultural experts
  - MUNI graduates



# Study rooms

- Faculty of Social Studies
  - Books, newspapers, magazines
  - Internet
- Faculty of Education
  - Computers with internet access
- Staff available



# Projects

- **Music that connects**

- Music workshops
- Art workshops



- Cooperation with the Brno city districts
- Volunteering
- Retirement home courses



# International cooperation

- Leipzig University's „Seniorenkolleg“
- Interegg - lifelong learning without borders (Danube University Krems)
- Alumni Austria





MUNI

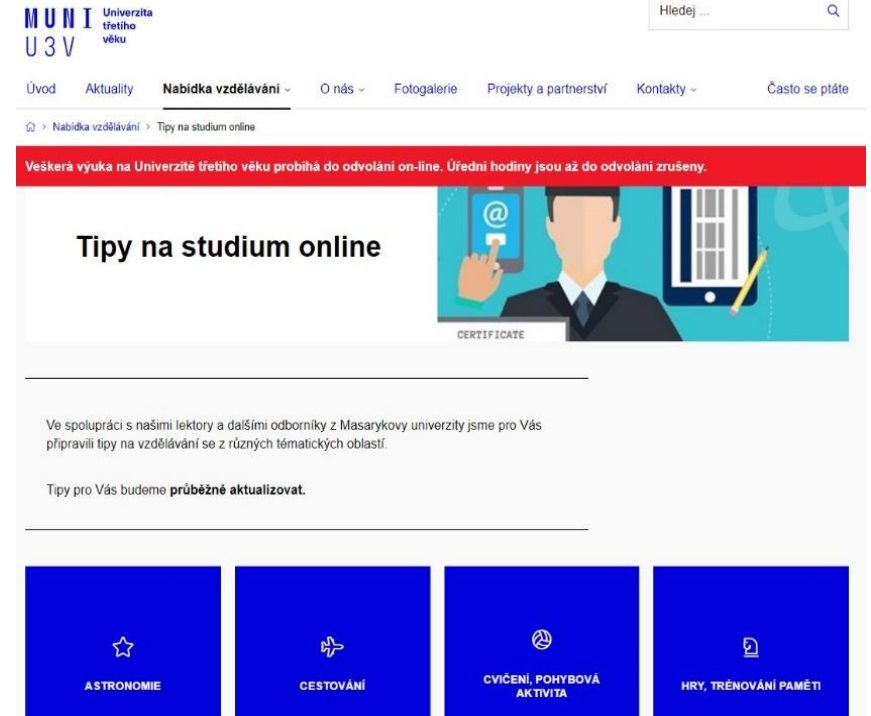
# Publicity

- Expositions of photos and painting
- Articles in journals
- Festivals
- Conferences
- Website
- Facebook



# U3A and COVID-19

- 3rd March 2020 – all courses stopped
- Return of registration fee
- Online courses within a month
- New websites and tips for studying at home
- New activities – COVID prevention with fun
- Crisis centre MU - MUNI Helps: volunteers for seniors





# Online basic educational programmes

- Youtube channel U3V MUNI
- Using chat for questions
- Lectures available for 14 days

YouTube CZ

Hledat

**MUNI U3V** U3V MUNI  
339 odběratelů

DOMOVSKÁ STRÁNKA VIDEA PLAYLISTY KANÁLY DISKUSE INFORMACE

Nahraná videa ▶ PŘEHRÁT VŠE

Thumbnail	Title	Premiere
	30.4.2021 (3VZK) - Průvodce dějinami Československa...	Premiéra: 30.04.21 15:00
	30. 4. 2021 (MZM) - Samizdat a bytové seminář...	Premiéra: 30.04.21 13:00
	30. 4. 2021 (2VZK) - Umělá inteligence, roboti a...	Premiéra: 30.04.21 15:00
	30. 4. 2021 (KA_zdrav) - Nejčastější poruchy štítné...	Premiéra: 30.04.21 11:00
	Mimořádná přednáška U3V - Člověk, počítače a...	1 tis. zhlédnutí • Vysíláno před 3 týdny

# Youtube

- Pre-recorded or live
- Technical support (Faculty of Social Studies)
- Subtitles (Support Centre for Students with Special Needs)

## Co je Alzheimerova nemoc? (AN)

- Onemocnění s postupně se rozvíjející poruchou krátkodobé paměti a úsudku, orientací v prostoru, později demencí, změnou chování a postupnou ztrátou soběstačnosti
- Degenerace mozku: ztráta nervových buněk
- Změny nervových přenašečů v mozku důležitých pro paměť a ukládání paměťové stopy: acetylcholin, glutamát
- Zatím nevyléčitelné



Dánsko

Greenland

Faroe Islands

Denmark

MUNI  
U3V

MUNI  
FSS

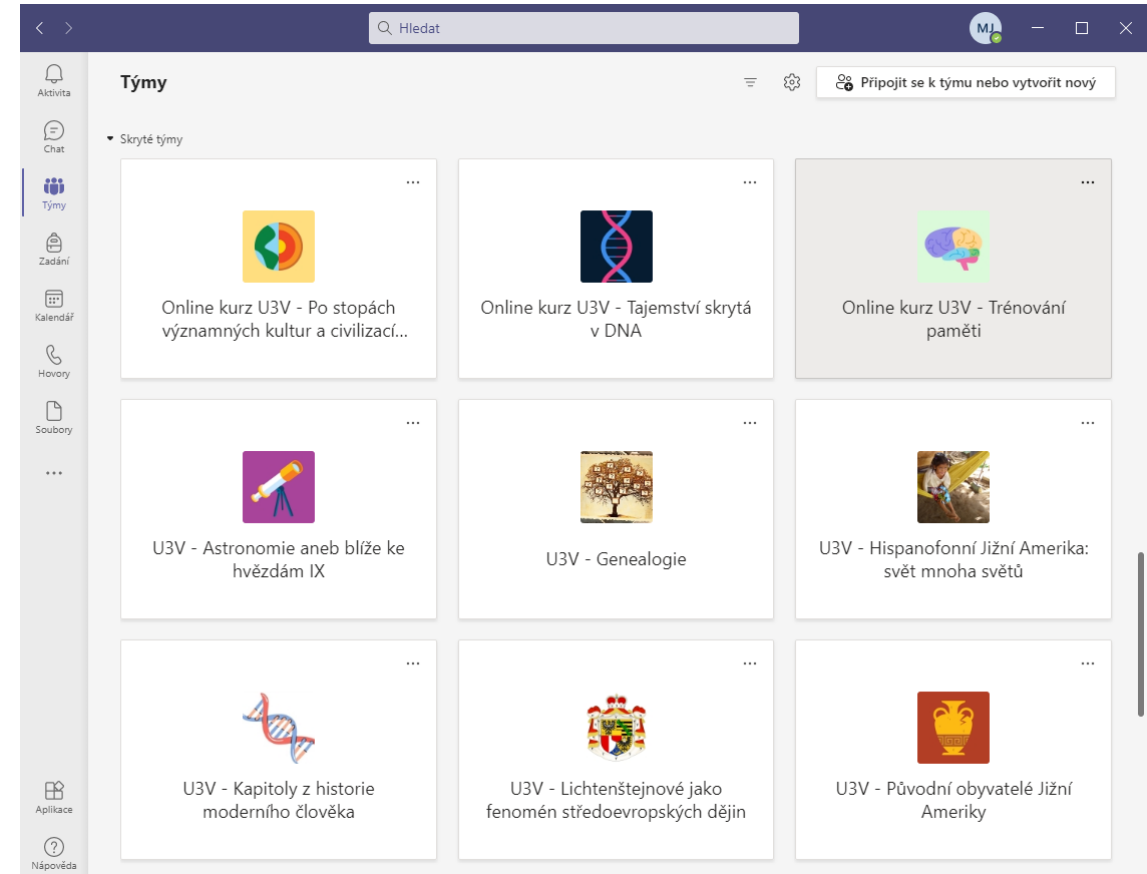
41

vidíme, jak to dánské území je maličké proti Grónsku. A dále jsou tu Fa

1:05:11 / 1:39:52

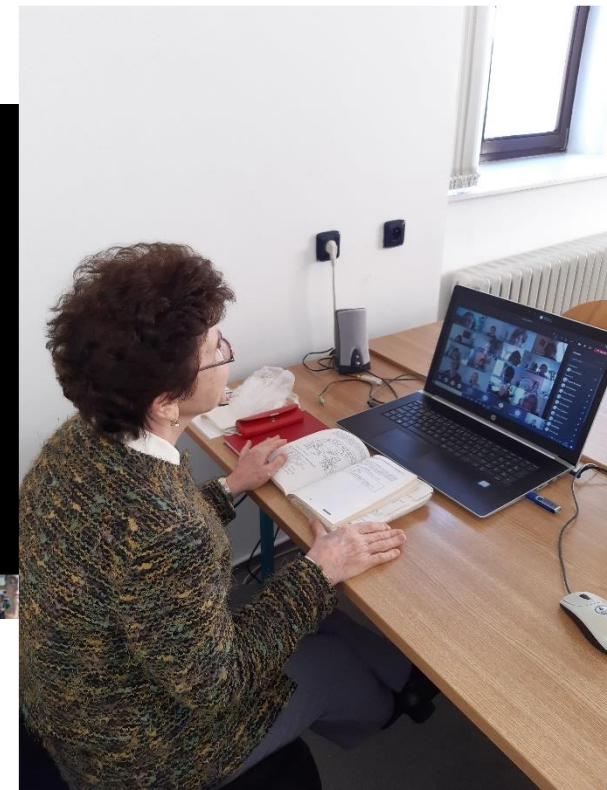
# Online thematic short-term courses

- MS Teams
- One team for each course
- Simple technical design
- MS Teams account included
- Special instructions for installation or help on the phone



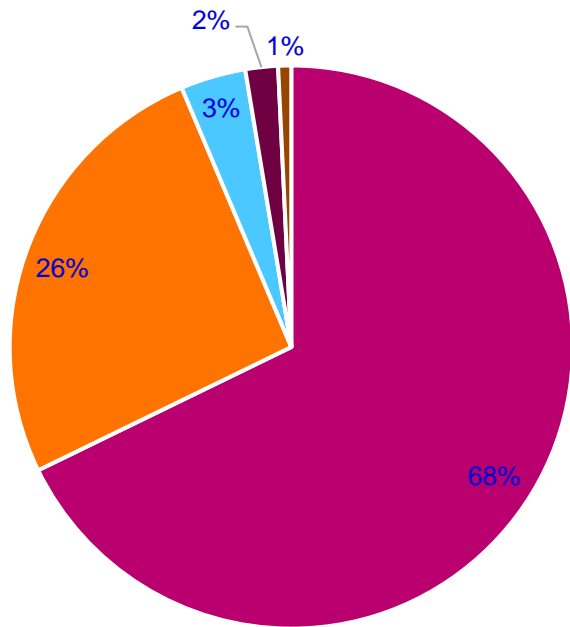
# MS Teams courses

- More discussion
- Visual contact
- Oldest participant: 83 years



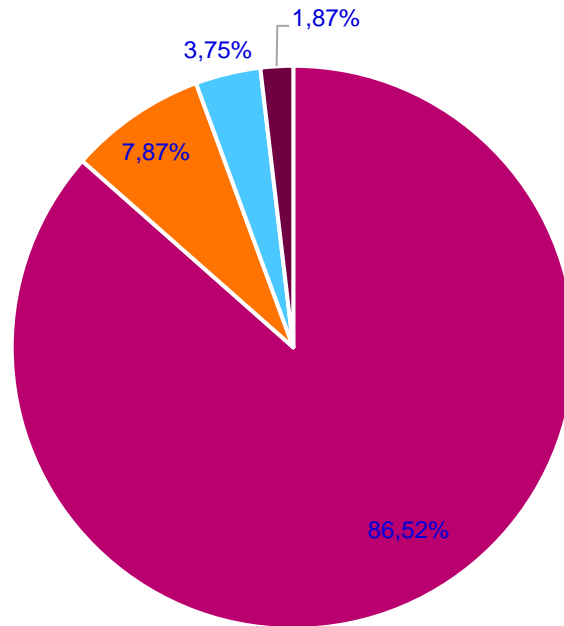
# Evaluation of online courses - Youtube

Technical design



■ 1 ■ 2 ■ 3 ■ 4 ■ 5

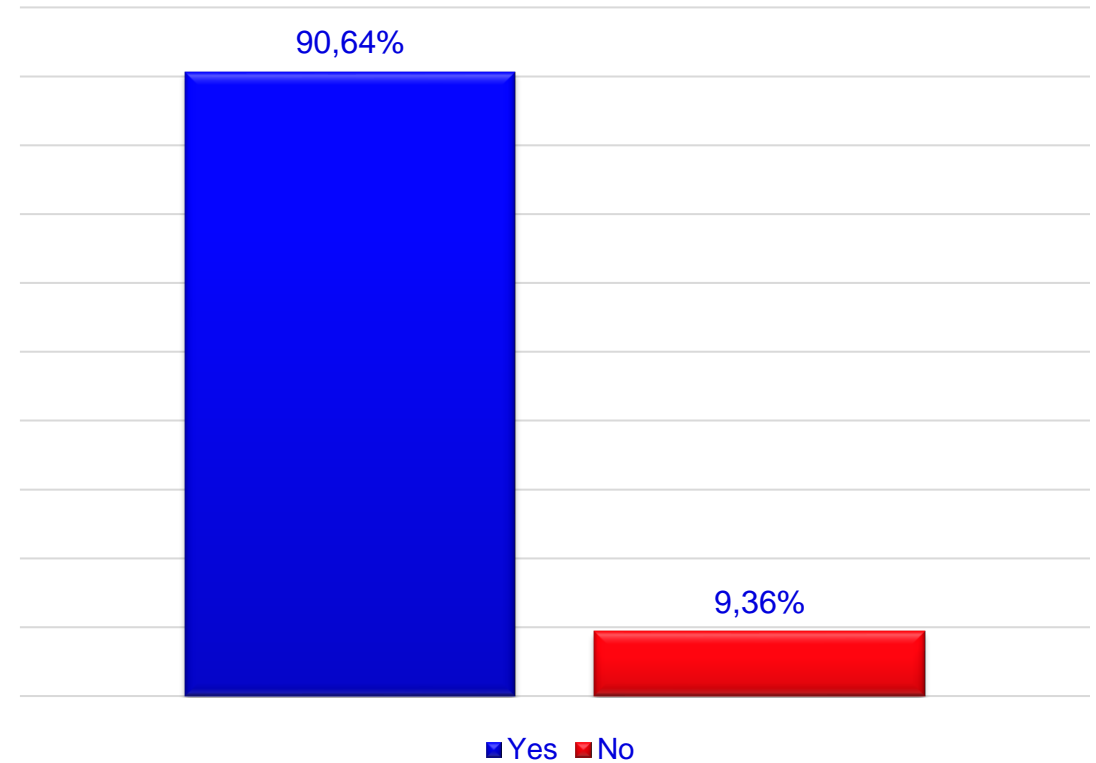
Level of education during the pandemic



■ 1 ■ 2 ■ 3 ■ 4

\* 1 is the best, 5 is the worst

Online courses in future



■ Yes ■ No

# Age-Friendly University Global Network (AFU)

- Dublin City University in Ireland (2012)
- 75 members, 4 continents
- 10 AFU principles – give a valuable guiding framework
- MU – final stage of the admission process

*"An age-friendly world enables people of all ages to actively participate in community activities and treats everyone with respect, regardless of their age,,  
(WHO Definition of an age-friendly world).*



Age-friendly  
University  
Global Network

[Websites](#)

M U N I

# The 10 Age-Friendly University Principles I

1. To encourage the participation of older adults in all **the core activities** of the university, including educational and research programs.
2. To promote personal and career development in the second half of life and to support those who wish to pursue **second careers**.
3. To recognize the **range of educational needs** of older adults (from those who were early school-leavers through to those who wish to pursue Master's or PhD qualifications).
4. To promote **intergenerational learning** to facilitate the reciprocal sharing of expertise between learners of all ages.
5. To widen access to **online educational opportunities** for older adults to ensure a diversity of routes to participation.

# The 10 Age-Friendly University Principles II

6. To ensure that the university's **research agenda** is informed by the needs of an aging society and to promote public discourse on how higher education can better respond to the varied interests and needs of older adults.
7. To increase the understanding of students of the **longevity dividend** and the increasing complexity and richness that aging brings to our society.
8. To enhance access for older adults to the university's range of **health and wellness** programs and its arts and cultural activities.
9. To engage actively with the university's own **retired community**.
10. To ensure regular **dialogue** with organizations representing the interests of the aging population.



# MUNI

## Thank you for your attention



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[www.u3v.muni.cz](http://www.u3v.muni.cz)